

## Pain Management Resources

MercyOne identifies pain assessment and pain management - including safe opioid prescribing – as an organizational priority with a focus on both managing patient’s pain and minimize the risks associated with treatment. Education and resources are a cornerstone of successful pain management. The assessment and management of pain, both acute and chronic, can present challenges in a hospitalized patient. Below are several resources for providers to facilitate safe pain management, a goal shared by MercyOne and all its associated providers.

The U.S. Department of Health & Human Services  
SAFE Opioid Prescribing: Strategies. Assessment. Fundamentals. Education.  
<https://www.hhs.gov/opioids/prevention/safe-opioid-prescribing/index.html>

Iowa Prescription Monitoring Program (PMP)  
<https://iowa.pmpaware.net/login>

TJC Quick Safety 44: Non-Pharmacologic Pain Management  
[https://www.jointcommission.org/-/media/tjc/documents/resources/pain-management/qs\\_nonopioid\\_pain\\_mgmt\\_8\\_15\\_18\\_final1.pdf](https://www.jointcommission.org/-/media/tjc/documents/resources/pain-management/qs_nonopioid_pain_mgmt_8_15_18_final1.pdf)

National Center for Complementary and Integrative Health  
<https://www.nccih.nih.gov/health/pain-considering-complementary-approaches-ebook>

NIH Pain Consortium  
<https://www.painconsortium.nih.gov/funding-research/centers-excellence-pain-education-coepes>

U.S. Substance Abuse and Mental Health Services Administration (SAMHSA)  
<https://www.samhsa.gov/>

Medication Disposal  
<https://www.fda.gov/consumers/consumer-updates/where-and-how-dispose-unused-medicines>

For questions or additional resources, please contact the Director of Pharmacy at 563-589-9208 or the Pharmacy Clinical Coordinator at 563-589-9089.