

# **Benefits Orientation**

**Medical and Pharmacy Benefits Part 1** 

Core Values: Reverence • Commitment to Those Experiencing Poverty • Safety • Justice • Stewardship • Integrity



## Medical and Pharmacy Benefits: Part 1

- Clinically Integrated Networks
- Two Tiers of Medical Benefits
- Out-of-Pocket Medical Costs



## Trinity Health benefits: medical plans

Three medical plans\* give colleagues options to meet your diverse needs



- Trinity Health is self-insured. All three medical plans are administered by a Third-Party Administrator (i.e., Blue Cross/Aetna/etc.) and include pharmacy through OptumRx.
- The TPA performs certain administrative services, such as processing claims and customer service.

\* Your ministry may offer other options. See your new hire information.







## Trinity Health benefits: medical plans



- Pay more each paycheck, but less at the time of service
- Choose this plan if you are interested in lower costs at the time you use the insurance



## **Health Savings Plan**

(High Deductible Health Plan with Health Savings Account)

- Pay less each paycheck, but more at the time of service until you meet your deductible
- Trinity Health makes annual contribution to HSA based on coverage level you elect
- Choose this plan to contribute to the HSA, and maximize your tax advantage as you save for current and future health care expenses

### **Essential Plan** (Assist plan with Health Reimbursement Account if you qualify)

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- Pay the least amount each paycheck, but more at the time of service
- Choose this plan if you are interested in lower payroll contributions
- Essential Assist plan, including Trinity Health annual contribution to HRA based on coverage level. Available for colleagues who meet certain income requirements







# Medical network tiers

- Each plan offers two network tiers and offers choice in where to seek care
- You receive the highest benefits when you use the Tier 1 network and a market-competitive • benefit when you use the Tier 2 network
- There is no coverage when seeking care outside of Tier 1 and Tier 2, except for limited ulletexceptions (e.g., emergency care, network gap)

Tier Level	Definition
Tier 1	Trinity Health network facilities and aligned providers Highest/incentive benefit (lowest deductibles, copays)
Tier 2	Medical plan administrator's in-network providers (e.g. Aetna, BCBSM) Market-competitive benefit







When combined, Tier 1 and Tier 2 provide a comprehensive network of services

## How to search for providers

- Detailed instructions are available on HR4U colleague portal https://hr4u.trinity-health.org
- Visit the medical plan administrator's website (i.e., Aetna/Blue Cross Blue Shield of Michigan/etc.) or contact their customer service team
- In-network providers will be designated as Tier 1 or Tier 2. Other providers are considered out-of-network and offer no coverage.
  - Note: Mayo Clinic and City of Hope Comprehensive Care and Treatment Centers (formerly Cancer Treatment Centers of America) are considered out-of-network and are not covered providers.







## Clinically Integrated Network

- Provides access to high-quality and cost-efficient care
- Includes local physicians and health care providers that have partnered with Trinity Health's Ministries to deliver services
- Focused on helping you access the right care, at the right time, in the right setting
- All providers are part of the Tier 1 network, so you pay the lowest deductibles, copays, etc.

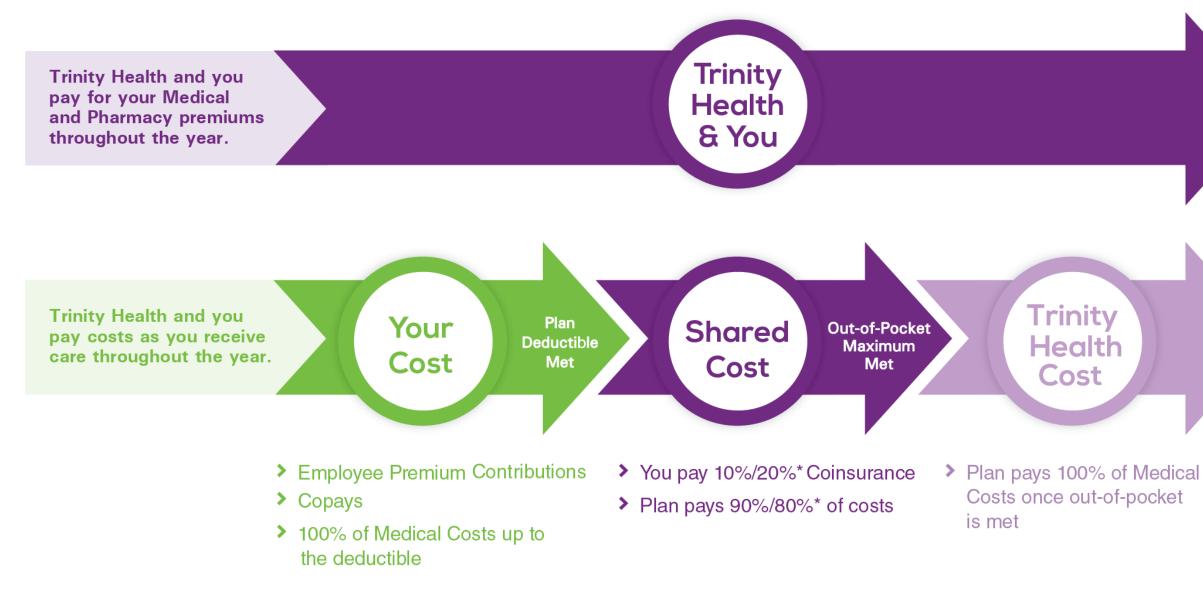






## Shared medical and pharmacy costs

Trinity Health



\* Dependent on the Trinity Health Medical Plan selected and the cost share for Tier 1 facilities or physicians.

# PHYSICAL



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## Key terms to know

- **Premium:** amount paid for your medical plan. This is a shared cost.
- **Deductible:** amount you pay for covered health care services before your medical plan starts to pay
- **Coinsurance:** percentage of costs of a covered health care service you pay after you've paid your deductible
- **Copay:** a fixed amount you pay for a covered health care service
- **Out-of-Pocket Maximum:** the most you pay during a plan year before your medical plan starts to pay 100 percent for covered health benefits







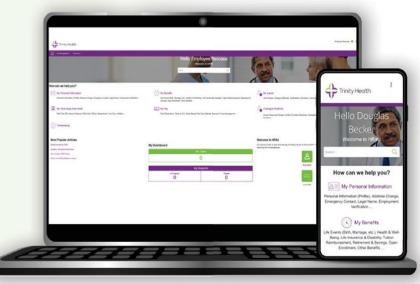
## HR4U Colleague Portal

## **Get Answers to Your Benefits and HR-Related Questions**, 24/7

Trinity Health colleagues have 24/7 access to benefits and other HR-related info through the **HR4U online portal**. When you log into HR4U you can chat in real time with an HR representative Monday through Friday, 7 a.m. – 7 p.m. ET. You can also submit a request for assistance and track the status of your inquiry.

To get started, click on the HR4U icon in your ZENworks or desktop applications window and enter your Trinity Health network credentials.

You can also access HR4U on your mobile device at: https://hr4u.trinity-health.org







## Check out all the episodes in the video series

Live Your Whole Life

- Medical and pharmacy
- Health Savings Account
- Essential Assist with Health Reimbursement Account
- Flexible spending accounts
- Dental and vision
- Life Insurance/AD&D
- Time Away from Work
- Voluntary benefits
- Retirement program
- Live Your Whole Life / Mental Well-being
- Other benefits
- Eligibility and enrollment







## **Important Information**

The information provided in this summary is designed to assist you with understanding your options under Trinity Health's welfare benefit plans and programs. It is only an overview. Please refer to the summary plan descriptions and official plan documents for more details concerning these benefits. If there is any conflict, the official plan and program documents will govern. Trinity Health reserves the right to modify or terminate its benefit plans and programs at any time.

To view the summary plan descriptions and certificates of coverage, visit the HR4U colleague portal or, if your Health Ministry has not yet transitioned to the Trinity Health Human Resources Service Center, the MyBenefits site at <u>www.trinity-health.org/my-benefits/</u>. For any plan or program in which you participate, you may request a printed copy of the summary plan description, any certificate of coverage, and/or the official plan documents from your employer or from the Trinity Health Human Resources Service Center at 20555 Victor Parkway, Livonia, MI 48152. There is no charge for printed copies.

All Trinity Health group health plans provide care coordination, care management, utilization review, and referral services to help manage members' healthcare. By enrolling in a Trinity Health group health plan, you understand that the plan will provide services to manage care for you and your dependents. These services may be provided through independent third-party administrators, through clinically integrated networks of hospitals, physicians, and other health care providers, or through other professionals and healthcare providers, including those affiliated with Trinity Health. The persons providing these services will have access to your personal health information—including health information you disclose through wellness programs and well-being activities—not only for treatment purposes but also to manage and coordinate your healthcare. Any access to, use, or disclosure of protected health information will comply with the privacy and security regulations under the Health Insurance Portability and Accountability Act and any applicable state privacy and security laws.



