
 The Summary of Benefits and Coverage (SBC) document will help you choose a health **plan**. The SBC shows you how you and the **plan** would share the cost for covered health care services. **NOTE: Information about the cost of this **plan** (called the **premium**) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit BCBSM.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call 1-866-917-7537 to request a copy.

| Important Questions | Answers | Why This Matters: |
|---|--|--|
| What is the overall deductible ? | Tier 1: \$250 per member; \$500 per family Tier 2: \$750 per member; \$1,500 per family Tier 3: \$1,500 per member; \$3,000 per family | Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible . |
| Are there services covered before you meet your deductible ? | Yes. Preventive care services (Tier 1 and Tier 2 only) are covered before you meet your deductible . | This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | No | You don't have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan ? | Tier 1: \$2,500 per member; \$5,000 per family Tier 2: \$4,750 per member; \$9,500 per family Tier 3: \$9,500 per member; \$19,000 per family | The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met. |
| What is not included in the out-of-pocket limit ? | Premiums , balance-billed charges, penalties for failure to obtain pre-authorization for services and healthcare the plan does not cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit . |
| Will you pay less if you use a network provider ? | Yes. See www.BCBSM.com or call 1-866-917-7537 for a list of network providers. | You pay the least if you use a provider in Tier 1. You pay more if you use a provider in Tier 2. You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. |
| Do you need a referral to see a specialist ? | No | You can see the specialist you choose without a referral . |

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Information |
|--|--|--|--|--|---|
| | | Tier 1 Providers (You will pay the least) | Tier 2 Providers | Tier 3 Providers (You will pay the most) | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$20 copay | \$30 copay | 40% after deductible | —————none————— |
| | Specialist visit | \$30 copay | \$40 copay | 40% after deductible | —————none————— |
| | Preventive care/screening/immunization | 0%, deductible waived | 0%, deductible waived | 40% after deductible | Age and frequency limits may apply. |
| If you have a test | Diagnostic test (x-ray, blood work) | 10% after deductible | 20% after deductible | 40% after deductible | —————none————— |
| | Imaging (CT/PET scans, MRIs) | 10% after deductible | 20% after deductible | 40% after deductible | To be eligible for coverage, these services may require approval before they are provided. |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.Optumrx.com | Generic drugs | Retail - 34-day supply: \$10 copay ; RHM owned pharmacies - 34-day supply: \$8* copay ; RHM owned pharmacies - 90-day supply: \$24* copay ; Mail Order - 90-day supply: \$25 copay | Retail - 34-day supply: \$10 copay ; RHM owned pharmacies - 34-day supply: \$8* copay ; RHM owned pharmacies - 90-day supply: \$24* copay ; Mail Order - 90-day supply: \$25 copay | Retail - 34-day supply: \$10 copay ; RHM owned pharmacies - 34-day supply: \$8* copay ; RHM owned pharmacies - 90-day supply: \$24* copay ; Mail Order - 90-day supply: \$25 copay | No contraceptive coverage. Step therapy program may apply. *Inclusive of colleague discount. |
| | Preferred brand drugs | Retail - 34-day supply: 20% with \$30 min and \$80 max; RHM owned pharmacies - 34-day supply: 16% with \$24 min and \$64 max*; RHM owned pharmacies - 90-day supply: 16% with \$72 min and \$192 max*; Mail Order - 90-day supply: 20% with \$75 min and \$200 max | Retail - 34-day supply: 20% with \$30 min and \$80 max; RHM owned pharmacies - 34-day supply: 16% with \$24 min and \$64 max*; RHM owned pharmacies - 90-day supply: 16% with \$72 min and \$192 max*; Mail Order - 90-day supply: 20% with \$75 min and \$200 max | Retail - 34-day supply: 20% with \$30 min and \$80 max; RHM owned pharmacies - 34-day supply: 16% with \$24 min and \$64 max*; RHM owned pharmacies - 90-day supply: 16% with \$72 min and \$192 max*; Mail Order - 90-day supply: 20% with \$75 min and \$200 max | If a brand drug has a specific equivalent generic drug available and the plan participant receives the brand, then in addition to the copay, the plan participant must also pay the difference between the ingredient cost of the brand drug and the generic drug. Min/Max reduced by 50% for asthma and diabetes. No contraceptive coverage. Step therapy program may apply. *Inclusive of colleague discount. |

[* For more information about limitations and exceptions, see the [plan](#) or policy document at www.bcbsm.com.]

| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Information |
|---|---|---|---|---|---|
| | | Tier 1 Providers (You will pay the least) | Tier 2 Providers | Tier 3 Providers (You will pay the most) | |
| | Non-preferred brand drugs | Retail - 34-day supply: 40% with \$60 min and \$100 max; RHM owned pharmacies - 34-day supply: 32% with \$48 min and \$80 max*; RHM owned pharmacies - 90-day supply: 32% with \$144 min and \$240 max*; Mail Order - 90-day supply: 40% with \$150 min and \$250 max | Retail - 34-day supply: 40% with \$60 min and \$100 max; RHM owned pharmacies - 34-day supply: 32% with \$48 min and \$80 max*; RHM owned pharmacies - 90-day supply: 32% with \$144 min and \$240 max*; Mail Order - 90-day supply: 40% with \$150 min and \$250 max | Retail - 34-day supply: 40% with \$60 min and \$100 max; RHM owned pharmacies - 34-day supply: 32% with \$48 min and \$80 max*; RHM owned pharmacies - 90-day supply: 32% with \$144 min and \$240 max*; Mail Order - 90-day supply: 40% with \$150 min and \$250 max | Min/Max reduced by 50% for asthma and diabetes. No contraceptive coverage. Step therapy program may apply. *Inclusive of colleague discount. |
| | Specialty drugs | Same as non-preferred brand drugs | Same as non-preferred brand drugs | Not covered | Specialty medications must be filled at a Trinity Health pharmacy or through the OptumRx Specialty program. Specialty drug prescriptions are limited to a 30-day supply. Step therapy program may apply. |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | \$50 copay then 10% after deductible | \$100 copay then 20% after deductible | \$200 copay then 40% after deductible | —————none————— |
| | Physician/surgeon fees | 10% after deductible | 20% after deductible | 40% after deductible | —————none————— |
| If you need immediate medical attention | Emergency room care | 0% after \$100 copay | 0% after \$100 copay | 0% after \$100 copay | Copay waived if admitted. Tier 1 deductible , coinsurance and OOPM apply to all tiers when ER visit results in admission. Applicable tier deductible , coinsurance and OOPM will apply to non-emergency use of the emergency room. |
| | Emergency medical transportation | 0% after \$100 copay | 0% after \$100 copay | 0% after \$100 copay | —————none————— |
| | Facility Urgent Care Prof. Urgent Care | \$35 copay \$20 PCP copay | \$35 copay \$20 PCP copay | \$35 copay 60% after deductible | —————none————— |
| If you have a hospital stay | Facility fee (e.g., hospital room) | 10% after deductible | \$500 copay , then 20% after deductible | \$1,000 copay , then 40% after deductible | Unlimited days. |
| | Physician/surgeon fees | 10% after deductible | 20% after deductible | 40% after deductible | —————none————— |

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| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Information |
|---|---|---|---|---|--|
| | | Tier 1 Providers (You will pay the least) | Tier 2 Providers | Tier 3 Providers (You will pay the most) | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | \$20 copay | \$20 copay | 40% after deductible | ————— none ————— |
| | Inpatient services | 10% after deductible | 10% after deductible | \$1,000 copay , then 40% after deductible | *Tier 1 deductible , coinsurance and OOPM apply when Tier 2 providers are used. |
| If you are pregnant | Office visits | Initial visit to determine pregnancy covered in full after \$20 primary care/\$30 specialist copay , then no charge, deductible waived, for additional visits | Initial visit to determine pregnancy covered in full after \$30 primary care/\$40 specialist copay , then no charge, deductible waived, for additional visits | 40% after deductible per visit | ————— none ————— |
| | Childbirth/delivery professional services | 10% after deductible | 20% after deductible | 40% after deductible | ————— none ————— |
| | Childbirth/delivery facility services | 10% after deductible | \$500 copay , then 20% after deductible | \$1,000 copay , then 40% after deductible | ————— none ————— |
| If you need help recovering or have other special health needs | Home health care | 10% after deductible | 20% after deductible | 40% after deductible | 120 maximum visits per member per calendar year. |
| | Rehabilitation services | 10% after deductible | 20% after deductible | 40% after deductible | 60 maximum visits per member, per therapy, per calendar year. |
| | Habilitation services | 10% after deductible | 20% after deductible | Not covered | 60 maximum visits per member per calendar year all therapies combined. Pre-certification required. No coverage under Tier 3 except for autism diagnosis. |
| | Skilled nursing care | 10% after deductible | \$500 copay , then 20% after deductible | \$1,000 copay , then 40% after deductible | 120 maximum days per member per calendar year. |
| | Durable medical equipment | 10% after deductible | 10% after deductible | 40% after deductible | Tier 1 deductible , coinsurance and OOPM apply when Tier 2 DME providers are used. |
| | Hospice services | 0%, deductible waived | 0%, deductible waived | 40% after deductible | Unlimited days. |
| If your child needs dental or eye care | Children's eye exam | Not covered | Not covered | Not covered | ————— none ————— |
| | Children's glasses | Not covered | Not covered | Not covered | ————— none ————— |
| | Children's dental check-up | Not covered | Not covered | Not covered | ————— none ————— |

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Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Acupuncture
- Children's dental check-up
- Children's eye exam
- Children's glasses
- Cosmetic surgery
- Dental care (adult)
- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside U.S.
- Routine eye care (adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Bariatric surgery
- Private-duty nursing
- Chiropractic care (20 max visits per calendar yr)
- Telehealth/Telemedicine

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform or you may contact the plan at 1-866-917-7537. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: 1-866-917-7537 or visit www.Preferredhealthchoices.com.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-866-917-7537

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-917-7537

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-917-7537

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-866-917-7537

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) **\$250**
- Primary copay/Specialist copay **\$20/\$30**
- **Hospital (facility)** coinsurance **10%**
- **Other** coinsurance **10%**

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

| | |
|---------------------------|-----------------|
| Total Example Cost | \$12,700 |
|---------------------------|-----------------|

In this example, Peg would pay:

| | |
|---------------------|--|
| <i>Cost Sharing</i> | |
|---------------------|--|

| | |
|-----------------------------|--------|
| Deductibles | \$250 |
| Copayments | \$30 |
| Coinsurance | \$1230 |

| | |
|---------------------------|--|
| <i>What isn't covered</i> | |
|---------------------------|--|

| | |
|----------------------|------|
| Limits or exclusions | \$61 |
|----------------------|------|

| | |
|-----------------------------------|---------------|
| The total Peg would pay is | \$1571 |
|-----------------------------------|---------------|

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) **\$250**
- Primary copay/Specialist Copay **\$20/\$30**
- **Hospital (facility)** coinsurance **10%**
- **Other** **10%**

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$5,600 |
|---------------------------|----------------|

In this example, Joe would pay:

| | |
|---------------------|--|
| <i>Cost Sharing</i> | |
|---------------------|--|

| | |
|-----------------------------|-------|
| Deductibles | \$250 |
| Copayments | \$180 |
| Coinsurance | \$932 |

| | |
|---------------------------|--|
| <i>What isn't covered</i> | |
|---------------------------|--|

| | |
|----------------------|------|
| Limits or exclusions | \$22 |
|----------------------|------|

| | |
|-----------------------------------|---------------|
| The total Joe would pay is | \$1384 |
|-----------------------------------|---------------|

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) **\$250**
- Primary copay/Specialist copay **\$20/\$30**
- **Hospital (facility)** cost sharing **10%**
- **Other** [\[cost sharing\]](#) **10%**

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$2,800 |
|---------------------------|----------------|

In this example, Mia would pay:

| | |
|---------------------|--|
| <i>Cost Sharing</i> | |
|---------------------|--|

| | |
|-----------------------------|-------|
| Deductibles | \$250 |
| Copayments | \$260 |
| Coinsurance | \$0 |

| | |
|---------------------------|--|
| <i>What isn't covered</i> | |
|---------------------------|--|

| | |
|----------------------|-----|
| Limits or exclusions | \$0 |
|----------------------|-----|

| | |
|-----------------------------------|--------------|
| The total Mia would pay is | \$510 |
|-----------------------------------|--------------|

Note: If you are also covered by an account-type plan such as an integrated health flexible spending arrangement (FSA) then you may have access to additional funds to help cover certain out-of-pocket expenses like the deductible, copays, or coinsurance, or benefits not otherwise covered.

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