



Benefits Orientation

Other Benefits

Other Benefits

- Adoption assistance
- Tuition reimbursement
- Student loan relief services
- Weight management reimbursement
- Commuter benefits
- Perks and discounts

Adoption assistance



- Available to regular full-time and part-time benefits-eligible colleagues
- Reimburses up to \$4,000 (or up to \$6,000 if the child has special needs), for
 - Medical and hospital expenses,
 - Legal services and
 - Agency fees for each adopted child
- For further information visit the HR4U colleague portal

Tuition reimbursement



- Reimbursement for undergraduate and graduate degree-level courses after course completion
 - Eligible expenses include tuition, required course fees, and books
- Cost of many certification programs may also be covered
 - Annual cap as defined by your ministry or subsidiary
- EdCor administers the tuition reimbursement program
 - Customer service: 844-344-2716
 - Online at <https://trinityhealth.tap.edcor.com>

Student loan relief services



- Available for you and your household members
- Loan Relief™ service from Fiducius can help you understand options available for handling student loans, including the Public Service Loan Forgiveness program
- Loan Relief service available to:
 - All colleagues with student loans
 - For themselves; or
 - For their children/grandchildren (e.g., Parent Plus loans)
 - Household members of colleagues
 - Loan(s) of spouse/eligible adult or other household members
- For more information, visit [HR4U](#)

Weight management reimbursement



- Reimbursement for behavioral and nutritional counseling services for the purposes of non-surgical weight loss or weight management such as:
 - Outpatient counseling or therapy;
 - Office visits rendered by a licensed physician;
 - Lab services performed during a course of treatment;
 - Behavioral and/or nutritional counseling services for weight loss rendered by a Trinity Health Ministry; and
 - Nationally recognized programs that include behavioral modification and/or nutrition counseling as part of their programs (e.g. Jenny Craig[®], Weight Watchers[®], LA Weight Loss[®])
- Medically enrolled colleagues and family members are eligible
- Annual maximums per enrolled member apply

**Colleagues enrolled in the Kaiser HMO plan at Holy Cross Hospital Silver Spring not eligible*

Commuter benefits



- Commuter benefits let you use tax-free money to pay for eligible transit and parking expenses such as:

Public transit	Qualified parking
<ul style="list-style-type: none">• Buses• Trains• Subways• Ferries• Streetcars• Vanpool• Select ride sharing	<ul style="list-style-type: none">• Parking near your work• Parking near a place which you commute to work via mass transit• Employer-owned parking

- Annual maximums apply

Perks and discounts at national and local merchants



- Trinity Health has partnered with PerkSpot, a one-stop-shop for discounts at many national and local merchants
- Available to all current colleagues and retirees of Trinity Health and members of their households
- Hundreds of deals on electronics, health and wellness, entertainment, travel and more
- Create your account at <https://trinity.perkspot.com/login>
- For more information, visit HR4U

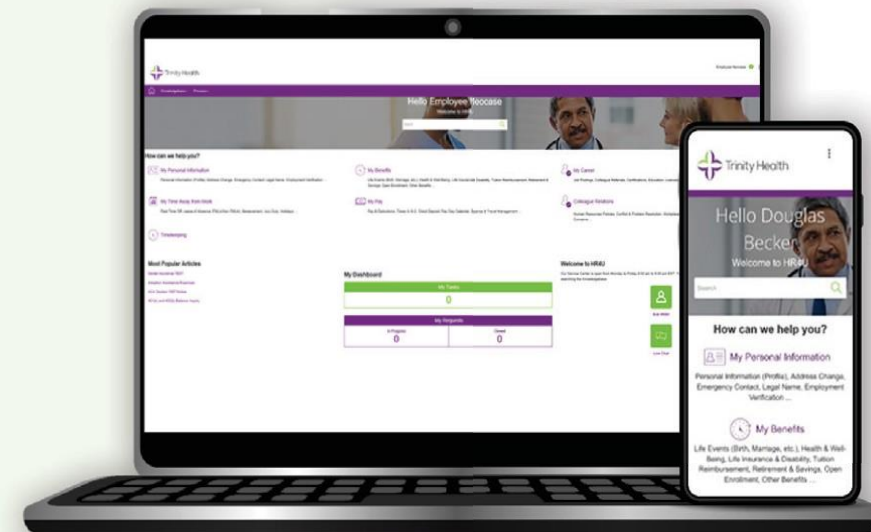
HR4U Colleague Portal

Get Answers to Your Benefits and HR-Related Questions, 24/7

Trinity Health colleagues have 24/7 access to benefits and other HR-related info through the **HR4U online portal**. When you log into HR4U you can chat in real time with an HR representative Monday through Friday, 7 a.m. – 7 p.m. ET. You can also submit a request for assistance and track the status of your inquiry.

To get started, click on the HR4U icon in your ZENworks or desktop applications window and enter your Trinity Health network credentials.

You can also access HR4U on your mobile device at:
<https://hr4u.trinity-health.org>



Check out all the episodes in the video series

Live Your Whole Life

- Medical and pharmacy
- Health Savings Account
- Essential Assist with Health Reimbursement Account
- Flexible spending accounts
- Dental and vision
- Life Insurance/AD&D
- Time Away from Work
- Voluntary benefits
- Retirement program
- Live Your Whole Life / Mental Well-being
- Other benefits
- Eligibility and enrollment



Important Information

The information provided in this summary is designed to assist you with understanding your options under Trinity Health's welfare benefit plans and programs. It is only an overview. Please refer to the summary plan descriptions and official plan documents for more details concerning these benefits. If there is any conflict, the official plan and program documents will govern. Trinity Health reserves the right to modify or terminate its benefit plans and programs at any time.

To view the summary plan descriptions and certificates of coverage, visit the HR4U colleague portal or, if your Health Ministry has not yet transitioned to the Trinity Health Human Resources Service Center, the MyBenefits site at www.trinity-health.org/my-benefits/. For any plan or program in which you participate, you may request a printed copy of the summary plan description, any certificate of coverage, and/or the official plan documents from your employer or from the Trinity Health Human Resources Service Center at 20555 Victor Parkway, Livonia, MI 48152. There is no charge for printed copies.

All Trinity Health group health plans provide care coordination, care management, utilization review, and referral services to help manage members' healthcare. By enrolling in a Trinity Health group health plan, you understand that the plan will provide services to manage care for you and your dependents. These services may be provided through independent third-party administrators, through clinically integrated networks of hospitals, physicians, and other health care providers, or through other professionals and healthcare providers, including those affiliated with Trinity Health. The persons providing these services will have access to your personal health information—including health information you disclose through wellness programs and well-being activities—not only for treatment purposes but also to manage and coordinate your healthcare. Any access to, use, or disclosure of protected health information will comply with the privacy and security regulations under the Health Insurance Portability and Accountability Act and any applicable state privacy and security laws.



Trinity Health