

## Benefit Summary for Trinity Health Muskegon Union Effective 01/01/2023 Group Number 00107441

This is intended as an easy-to-read summary. It is not a contract. Additional limitations and exclusions may apply to covered services. For a complete description of benefits, please see the applicable Blue Care Network certificates and riders. Payment amounts are based on the Blue Care Network approved amount, less any applicable deductible, coinsurance and copay amounts required by the plan. If there is a discrepancy between this Benefits-at-a-Glance and any applicable plan documents, the plan document will control. Services must be provided or arranged by member's primary care physician or health plan.

**Preauthorization for Select Services –** Services listed in this BAAG are covered when provided in accordance with Certificate requirements and, when required, are preauthorized or approved by BCN except in an emergency.

Note: A list of services that require approval before they are provided is available online at bcbsm.com/importantinfo. Select Approving covered services.

Healthy Blue Living subscribers must complete program requirements within designated timeframes. To qualify for or maintain a lower per pay cost, the subscriber needs to complete a health assessment and BCN qualification form by March 31<sup>st</sup>, 2023 and follow their primary care physician's recommendations for a healthy lifestyle. If a tobacco user, must enroll in the BCN sponsored tobacco cessation program by June 30<sup>th</sup>, 2023. If BMI is greater than or equal to 30, must select and begin participating in a weight management program by June 30<sup>th</sup>, 2023.

## Member's Responsibility: Deductible, Copays, Coinsurance and Maximums

| Deductible   | This plan has no deductible.   |
|--|--|
| Note: Coinsurance and select fixed dollar copays apply once the deductible has been met.   |  |
| Fixed dollar copays  | \$5 for allergy injections, \$20 for office visits, \$50 for urgent care visits, \$100 for emergency room visits, \$25 copay per ambulance transport, \$20 copay for online visits |
| Coinsurance  | 25% for inpatient services/outpatient surgery<br>50% of approved amount for select services  |
| Annual out of pocket maximum<br>Applies to deductibles, copays, and coinsurance amounts for all covered<br>services including prescription drug cost sharing | \$1,000 per member/\$2,000 per contract per calendar year  |

#### **Preventive Services**

| Health Maintenance Exam                   | Covered – 100% |
|---|----------------|
| Annual Gynecological Exam                 | Covered – 100% |
| Pap Smear Screening                       | Covered – 100% |
| Well-Baby and Child Care                  | Covered – 100% |
| Immunizations                             | Covered – 100% |
| Prostate Specific Antigen (PSA) Screening | Covered – 100% |
| Routine Colonoscopy                       | Covered – 100% |
| Mammography Screening - including 3D      | Covered – 100% |
| Maternity Prenatal and Postnatal Care     | Covered – 100% |



## **Physician Office Services**

| PCP Office Visits<br>Note: Applicable cost sharing applies when other services are received in<br>the office.  | \$20 copay per visit |
|--|----------------------|
| Medical Online Visits – from a participating provider or participating online vendor   | \$20 copay per visit |
| Retail Health Clinic   | \$20 copay per visit |
| Consulting Specialist Care – when referred for other than preventive services. Note: Applicable cost sharing applies when other services are received in the office. | \$20 copay per visit |

## **Emergency Medical Care**

| Hospital Emergency Room – Copay waived if admitted | \$100 copay              |
|--|--------------------------|
| Urgent Care Center                                 | \$50 copay               |
| Ambulance Services                                 | \$25 copay per transport |

## **Diagnostic Services**

| Laboratory and Pathology Services                      | Covered – 100% Office visit copay may apply |
|--|---|
| Diagnostic Tests and X-rays                            | Covered – 100% Office visit copay may apply |
| High Technology Radiology Imaging (MRI, MRA, CAT, PET) | Covered – 100% Office visit copay may apply |
| Radiation Therapy                                      | Covered – 100%                              |

## Maternity Services Provided by a Physician

| Non-routine prenatal and postnatal care<br>(See Preventive Services section for routine prenatal and postnatal care) | Covered – 100%   |
|--|--|
| Delivery and Nursery Care  | Covered 100% for professional services; see hospital care below for facility charges |

## **Hospital Care**

| General Nursing Care, Hospital Services and Supplies             | 25% coinsurance |
|--|-----------------|
| Outpatient Surgery - includes all related surgical services and  | 25% coinsurance |
| anesthesia- see member certificate for specific surgical copays. |                 |

#### **Alternatives to Hospital Care**

| Skilled Nursing Care | Covered – 100%; limited to 45 days per calendar year |
|----------------------|--|
| Hospice Care         | Covered – 100%                                       |
| Home Health Care     | \$20 copay   |

## **Surgical Services**

| Surgery – includes all related surgical services and anesthesia.   | See Hospital Care for inpatient and outpatient cost sharing |
|--|---|
| Voluntary Male Sterilization – See Preventive Services section for | Not covered   |
| voluntary female sterilization                                     |   |
| Elective Abortion  | Not covered   |
| Human Organ Transplants  | Hospital and professional cost sharing applies              |



#### Surgical Services Continued

| Weight Reduction Procedures – Limited to one procedure per lifetime |                 |
|---|-----------------|
| Reduction Mammoplasty   | 50% coinsurance |
| Male Mastectomy   | 50% coinsurance |
| Temporomandibular Joint Syndrome                                    | 50% coinsurance |
| Orthognathic Surgery  | 50% coinsurance |

## Behavioral Health Services (Mental Health Care and Substance Use Disorder Treatment)

| Inpatient Mental Health Care   | 25% coinsurance |
|--|-----------------|
| Residential Substance Use Disorder   | 25% coinsurance |
| Outpatient Mental Health Care (includes online visits)<br>Note: For diagnostic and therapeutic services, see the Diagnostic Services<br>section above for applicable cost sharing. | \$20 copay      |
| Outpatient Substance Use Disorder  | \$20 copay      |

# Autism Spectrum Disorders, Diagnoses and Treatment

| Applied behavioral analyses (ABA) treatment   | \$20 copay   |
|---|--|
| Outpatient physical therapy, speech therapy, occupational therapy, nutritional counseling for autism spectrum disorder<br>Unlimited visits for PT/OT/ST with an autism spectrum disorder diagnosis. | \$20 copay   |
| Other covered services, including mental health services, for<br>Autism Spectrum Disorder   | See your outpatient mental health benefit and medical office visit benefit |

## **Other Services**

| Allergy Testing and Therapy   | 50% coinsurance  |
|---|--|
| Allergy Injections  | \$5 copay  |
| Chiropractic Spinal Manipulation – when referred  | \$20 copay - unlimited visits  |
| Outpatient Physical, Speech and Occupational Therapy  | \$20 copay - Limited to 60 visits for each therapy per medical episode per calendar year |
| Habilitative Services   | \$20 copay - Limited to 60 visits combined for each therapy per calendar year            |
| Infertility Counseling and Treatment (excluding In-vitro fertilization)   | 50% coinsurance<br>50% coinsurance for drugs dispensed through the pharmacy.             |
| Durable Medical Equipment (DME)<br>Breast pumps covered only when Medically Necessary (DME guidelines<br>apply) | 50% coinsurance  |
| Prosthetic and Orthotic Appliances  | 50% coinsurance  |
| Diabetic Supplies   | 50% coinsurance  |
| Weight Management Program   | Program defined by Saint Mary's Hospital   |



| Prescription Drugs | <ul> <li>Generic Tier - \$10 copay (30-day supply)</li> <li>Preferred Brand Tier – 20% coinsurance; min copay \$20, max copay \$70 (30-day supply)</li> <li>Non-Preferred Brand Tier – 40% coinsurance; min copay \$40, max copay \$90 (30-day supply)</li> <li>Includes health habit prescription drugs</li> <li>Contraceptive drugs and drugs for the treatment of sexual dysfunction are not covered</li> <li>Mail order covered at 2.5 times the applicable tiered copay up to a 90-day supply</li> </ul> |
|--------------------|---|
|--------------------|---|

#### **Case Management / Disease Management**

If you agree to participate, a BCN nurse case manager will administer an assessment and an individualized plan that includes condition and goals based on your assessment results.

**Note: Cancer Treatment Centers of America (CTCA) -** There is no In-Network or Out-of-Network coverage for both health care services provided by the facility; and health care services provided by physicians and other health care professionals at any of their facilities.

TMU18F, ACACCF, ONVPF 1024XF, MOP25F, ACACCF